

Parents & Caregivers with Infants & Tots Meet & Play in Your Community...

*"it was nice to talk to people
going through the same thing"*

Parent comment

free

relaxed

supportive

fun

casual

older children
welcome



Need a morning out?

Want a chance to talk with other parents with new babies?

Want to share experiences and ideas?

Need information on feeding, diaper rash, sleeping and so on?

You're not alone!

There are other parents in your community who feel the same!
Join us for an hour or two of sharing, caring, learning and fun...

For groups in your area, see back side.



"I am new to the country, to the area, to being a parent—I wanted to get to meet people."

Parent Comment

Baby Club (Bridgewater)

Where: The Family Support Centre, 156 York Street

<http://southshorefamilyresource.org/include/lunenburg.htm>

When: Every Tuesday from 10:30 am to 12:00 pm

Phone: 543-1301 for more information/other groups in Bridgewater

We Love Babies (Bridgewater)

Where: Public Health Services, Suite 200, 215 Dominion Street

When: 2nd and 4th Wednesday s from 10:00 am to 12:00pm

Phone: 543-0858/527-5295 for more information

New Germany Busy Babies

Where: New Germany Anglican Church Hall with SSFRA Parent and Tot Time

When: 1st and 3rd Wednesday s from 10:00 am to 11:30 am (during the school year)

Phone: Public Health Office at 644-2710 for more information and summer schedule

Parents & Caregivers ,Infants and Tots (Lunenburg)

Where: St. John's Anglican Church Hall, 64 Townsend Street

When: Mondays from 10:00am to 11:30 pm

Phone: Public Health Office at 634-4014 or 624-0504 for more information/other groups in the area (Mahone Bay)

Chester Baby Talk

Where: Chester & Area Family Resource Center, 188 Pig Loop Road, 275-4347

Phone: Public Health Office at 275-3581 for dates, times and information on other groups in the area (Chester, Chester Basin, New Ross, Hubbards)

Liverpool Baby Talk

Where: Queens Family Resource Centre, 108 College Street

http://southshorefamilyresource.org/include/d_queens.htm

When: Mondays 10 am to 12 pm

Phone: 354-7176 for more information and details on groups in North Queens, Greenfield & Brooklyn



"a bunch of moms hanging out and playing"

Parent Comment