

*Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has. ~Margaret Meade*

## Sharing

### Website

- A link needed updating, information has been sent.
- Description of our group will be going on to the website

### Announcement

- Sustainability program reforming to be more of a network
  - ◊ Will be an online tool to link people into the network
  - ◊ Will be open to individuals
  - ◊ Contains a component on food
- Food is a component of the town and municipalities plan for Lunenburg

### CURA

- A letter of interest has been submitted
- Phyllis is now a member of the communications sub committee for this project

### Facebook

- A page has been set up as a like it page
- Group recognizes the benefit of having a page but feel we are not able to monitor it at the moment. Melanie to connect with the page administrator to have the page removed.

## Home Work - Community Kitchens

### What is going on?

- South Shore Now had an advert for a soup kitchen
- Second Story Women's Centre in partnership with Department of Community Services is running a program around cooking
- Family Support Centre (FSC) shared the resources they have available. FSC have offered collective kitchens. What they have learned:
  - ◊ Intensive and therefore requires time
  - ◊ Need high numbers to keep the cost down
- Cook program is operating in Queens county. Many groups are interested in the concept of community kitchens and will be meeting to discuss resources in the community

### Additional Notes

- Success of a community kitchen can be dependent on the partners involved and whether or not it is participant driven
- Strive for 5 Cookbook has now been produced as a Strive for 5 for Families.

We also discussed some potential partners as we move forward:

- Food Bank - May be someone new at the food bank in Bridgewater
- Churches
- Department of Community Services
- Family Resource Centre/Family Support Centre
- Schools
- 4H
- Agriculture
- Nova Scotia Community College
- Lions Club

### **Next Meeting Agenda**

- **Announcements/Updates**
- **Membership - we have a new workplan with lots of work. Can we recruit more members?**
- **Communication**
- **Education workplan - what is next?**

**Next Meeting  
March 31, 2011  
10:00—12:00  
Sobeys Community Room, Bridgewater Mall**